



Thurloe Street Dental.

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10 Thurloe Street
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Post Treatment Care

- Do not rub or massage the treatment area (unless advised to by your practitioner)
- Be assured any marks or bumps will disappear. For dermal fillers bumps can take up to 2 weeks to smooth out.
- Do not apply make up until at least 4 hours after treatment.
- Do not perform any strenuous exercise for up to 6 hours.
- Do not drink alcohol for 6 hours.
- Do not lie down or bend over excessively for 4 hours after treatment as it can cause uneven results.
- Avoid having a facial for 48 hours
- Avoid eyebrow waxing /dying (If treated area) and chemical peels for 2 weeks.
- Do not take any long haul flights for 48 hours.
- Avoid sunbeds, sunbathing and saunas for 2 weeks. Use UV protection if in the sun.
- If you have any worries or queries about your treatments please contact your practitioner Allysun on 07885 293803